

HENDERSON STATE UNIVERSITY
Bachelor of Science in Family and Consumer Sciences
Specialization: Foods and Nutrition

YEAR 1:Fall Semester			YEAR 1:Spring Semester		
Course No.	Course Name	Hrs LAC	Course No.	Course Name	Hrs LAC
ENG1463	Freshman English-A	3 *	ENG1473	Freshman English B	3 *
FCS1081	FCS Seminar	1	BIO1013	Introduction Biology	3 *
MTH1243	Col Algebra (ACT 19) OR		BIO1021	Introduction Biology Lab	1 *
MTH1033	Math/Liberal Arts	3 *	HIS1013	World Civilization to 1660 OR	
PSY1013	General Psychology	3 *	HIS1023	World Civilization since 1660	3 *
HIS2053	US History to 1865 OR		FCS1023	Foods	3
HIS2063	US History since 1865 OR		ART2603	Hum: Art Studio	3 *
PSC1013	American National Government	3 *	HPR 1	Life Fit OR	
GEN1031	Henderson Sem.(doesn't count for major)	1		P.E. Activity	1 *
FCS1013	Textiles/Clothing	3			
Total Hours		16	Total Hours		17
YEAR 2:Fall Semester			YEAR 2:Spring Semester		
Course No.	Course Name	Hrs LAC	Course No.	Course Name	Hrs LAC
COM2013	Oral Communications	3 *	CHM1044	Organic Chemistry N-Major	4
CHM1034	General Chemistry N-Major	4 *	FCS2043	Clothing Construction OR	
ENG2683	Masters of Western Literature	3 *	FCS3093	Apparel Quality	3
FCS2053	Meal Management	3	FCS2103	Nutrition	3 *
CSC2003	Introduction Computers	3	_____3	Minor Course Selection	3
			_____3	Minor Course Selection	3
Total Hours		16	Total Hours		16
YEAR 3:Fall Semester			YEAR 3:Spring Semester		
Course No.	Course Name	Hrs LAC	Course No.	Course Name	Hrs LAC
FCS3153	Family Relations	3	FCS4374	Child Development	4
FCS3393	Food Economics OR		FCS3123	Home Furnishings	3
FCS4433	Nutrition Services Administration	3	FCS3403	Experimental Food Science	3
BTE4163	Desktop Publishing OR		_____3	Minor Course Selection	3
CSC__3	Computer Elective	3	_____3	Natural Science Elective	3
MGM3113	Management & Organization Behavior	3		(BIO3094) Microbiology Preferred	
_____3	Junior/Senior Level Writing	3 *			
Total Hours		15	Total Hours		16
YEAR 4:Fall Semester			YEAR 4:Spring Semester		
Course No.	Course Name	Hrs LAC	Course No.	Course Name	Hrs LAC
FCS3413	Comm. And Life Cycle Nutrition	3	FCS4223	Directed Field Experience (required)	3
FCS4193	Family Housing Problems	3	FCS4363	Professional Image Development	3
FCS4203	(WI)Consumer Education OR		_____3	Minor Course Selection	3
FCS4183	(WI)Family Resource Management	3	_____3	Non-West Culture	3 *
_____3	Minor Course Selection	3			
Total Hours		12	Total Hours		12

Total Degree Hours **120**

BS Foods and Nutrition cont'd:

Additional General Education Requirements:

- A. Non-Western Culture: 3 Hours
____ 3 hours Directed Electives
from the following:

ANT 3043 North American Indians
ANT 4053 World Cultures
ART 4103 Art of the Nonwestern World
EDU 4543 Teaching People of Other Cultures
ENG 3043 Nonwestern Literature
GEN 4083 Study Abroad: Non-Western (requires travel)
GEO 3173 Geography of the Pacific
HIS 4673 Asian Civilizations
HIS 4683 The Modern Middle East
HIS 4693 African History
HPR 3973 History & Philosophy of Nonwestern Leisure,
Culture, Wellness & Sport
MUS 3473 Survey of Nonwestern Music
NSG 3643 Trans-cultural Health Care
PHI 3023 Religions of the World
PHY 4293 Nonwestern Cosmology
PSC 4233 Comparative Politics in the Middle East
PSC 4243 Comparative Politics in Africa
PSC 4253 South Asian Politics
PSY 3043 Cross-Cultural Psychology
PSY 3053 Multicultural Mental Health
SOC 4063 World Cultures
THA 3483 Theatre of the Nonwestern World

Degree Requirements:

Minor: 15 hours or number of hours required
by a particular department for a minor in
that department. Minor is chosen with the
advice and consent of FCS advisor.