

**Health and Human Performance Degree**  
**Pre-Athletic Training, Pre-Physical Therapy, Pre-Occupational Therapy Concentration,**  
**BS Catalog Year: 2018-2019**

Name: \_\_\_\_\_

Student ID: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_

<p><b><u>LIBERAL ARTS CORE 45 HRS</u></b></p> <p><b>ENGLISH 6 HRS *</b></p> <p>ENG 1463 ENGLISH A _____</p> <p>ENG 1473 ENGLISH B _____</p> <p>ENG 1803 ENGLISH HR _____</p> <p><b>COMMUNICATION 3 HRS</b></p> <p>COM 2013 ORAL COMM _____</p> <p><b>HENDERSON SEMINAR 1 HR</b></p> <p>GEN 1031 HENDERSON SEM _____</p> <p><b>PHYSICAL WELL – BEING 1 HR</b></p> <p>HPR 1011 LIFE FIT CONCPT _____</p> <p><b>MATHEMATICS 3 HRS</b></p> <p>MTH 1243 COLL ALG* _____</p> <p><b>FINE ARTS &amp; HUMANITIES 6 HRS</b></p> <p>PICK ONE:</p> <p>ENG 2013 WORLD LIT I _____</p> <p>ENG 2023 WORLD LIT II _____</p> <p>ENG 2053 STUDIES IN LIT _____</p> <p>ENG 2793 MAST WEST LIT HR _____</p> <p>PICK ONE:</p> <p>ART 2033 HUM ART _____</p> <p>ART 2603 HUM STUD ART _____</p> <p>HUM 2093 FINE ARTS HR _____</p> <p>MUS 2033 HUM MUSIC _____</p> <p>THA 2033 HUM THEATRE _____</p> <p>COM/MMD/THA 3423 MOVIE _____</p> <p>APPR &amp; ENJOYMENT _____</p> <p><b>SOCIAL SCIENCE 9 HRS</b></p> <p>PICK ONE:</p> <p>HIS 1013 CIV TO 1660 _____</p> <p>HIS 1023 CIV SINCE 1660 _____</p> <p>HIS 1043 CIV SINCE 1660 HR _____</p> <p>PICK ONE:</p> <p>HIS 2053 US TO 1877 _____</p> <p>HIS 2063 US SINCE 1877 _____</p> <p>PSC 1013 AM NAT GOV _____</p> <p>PSC 2193 GLOBAL POLITICS _____</p> <p>PSY 1013 GEN PSYCH** _____</p> <p>(PRE-REQUISITE FOR PSY 2263)</p> <p>(PREFERRED FOR PT/OT CONCENTRATION AREAS)</p> <p>SOC 1013 INTRO SOC _____</p> <p style="text-align: center; margin-top: 20px;">*REQUIRES "C" OR BETTER</p>	<p><b>NATURAL SCIENCE 8 HRS*</b></p> <p>BIO 1013/1021 INTRO BIO/LAB* _____</p> <p>CHM 1034 GEN CHM/LAB* _____</p> <p><b>NON-WESTERN CULTURE 3 HRS</b></p> <p>ANT/SOC 3043 NTH AM INDIANS _____</p> <p>ANT 4053 WORLD CULTURES _____</p> <p>ART 4103 ART NONWEST WORLD _____</p> <p>BIO 4324 TROPICAL MARINE BIO _____</p> <p>BIO 4044 NEATROPICAL ECOLOGY _____</p> <p>EDU 4543 EXP PER LING CUL DIV _____</p> <p>ENG 3043 NONWEST LIT _____</p> <p>GEN 4083 STUDY ABROAD _____</p> <p>GEO 3073 GEO OF ASIA _____</p> <p>HIS 4253 AFRICAN KINGDOME _____</p> <p>HIS 4273 ISLAM &amp; THE WEST _____</p> <p>HIS 4303 SEX &amp; GENDER AFRICA _____</p> <p>HIS 4343 AFRICA IN AM SOUTH _____</p> <p>HIS 4673 ASIAN CIV _____</p> <p>HIS 4683 MOD MID EAST _____</p> <p>HIS 4693 AFRICAN HIST _____</p> <p>HPR 3973 HIST &amp; PHIL NW LEIS _____</p> <p>MUS 3473 SURV NW MUSIC _____</p> <p>NSG 3643 TRANS-CULT HLTHCAR _____</p> <p>PHI 3023 RELIGIONS OF WORLD _____</p> <p>PHI 4203 ASIAN PHILOSOPHY _____</p> <p>PHY 4293 NW COSMOLOGY _____</p> <p>PSC 4233 COMP POL MID EAST _____</p> <p>PSC 4243 COMP POL AFRICA _____</p> <p>PSC 4253 SOUTH ASIAN POL _____</p> <p>PSY 3043 CROSS CULT PSYCH _____</p> <p>PSY 3053 MULTICULT MENT HLTH _____</p> <p>SOC 4063 WORLD CULT _____</p> <p>THA 3483 THEATRE NW WORLD _____</p> <p><b>CORE ELECTIVES 3 HRS</b></p> <p>FCS 2103 NUTRITION _____</p> <p><b>WRITING REQUIREMENT 3 HRS*</b></p> <p>ENG 3313 UNIV WRITING _____</p> <p>ENG 3613 TECH WRITING _____</p> <p>ENG 4453 ADV COMP _____</p> <p>HIS 3383 WRITING HISTORY _____</p> <p>MMC 4223 MAG &amp; FEAT _____</p> <p>MMC 4293 CREAT NONFICTION _____</p> <p style="text-align: center; margin-top: 20px;">**CHECK WITH ADVISOR REGARDING PRE-REQUISITES AND CO-REQUISITES</p>	<p><b><u>REQUIRED HHP COURSES</u></b></p> <p><b><u>PRE –AT/PT/OT</u></b></p> <p><b><u>PROFESSIONAL CORE 40 HRS*</u></b></p> <p>BIO 2174 HUMAN A &amp; P I** _____</p> <p>BIO 2184 HUMAN A &amp; P II** _____</p> <p>CHM 1044 GEN ORG&amp;BIOCHEM** _____</p> <p>HHP 1102 INTRO HEAL &amp; HUM P _____</p> <p>HHP 2052 MEDICAL TERM _____</p> <p>HHP 4022 APPLIED EX PHYS _____</p> <p>HPE 2663 MOTOR DEVELOP _____</p> <p>HPE 3224 KINESIOLOGY** _____</p> <p>HPE 4234 EXERCISE PHYS** _____</p> <p>PHY 2034 GENERAL PHYSICS I** _____</p> <p>PHY 2044 GENERAL PHYSICS II** _____</p> <p>PSY 2263 DEVELOPMENTAL PSY** _____</p> <p>OR</p> <p>PSY 2023 ABNORMAL PSY** _____</p> <p><b><u>INTERDISCIPLINARY CORE 28 HRS*</u></b></p> <p>HHP 2243 INJ MAN HLTH HUM P _____</p> <p>HHP 3003 SPT PSY HLTH HUM PER _____</p> <p>HHP 3064 ASSESS OF UPPER _____</p> <p>HHP 3074 ASSESS OF LOWER _____</p> <p>HHP 3084 THERAPEUTIC MOD _____</p> <p>HHP 3123 HLTH HUM PER ADMIN _____</p> <p>HHP 3273 GEN MED CON/PHARM _____</p> <p>HHP 4094 REHAB/THER EXERCISE _____</p> <p><b><u>DIRECTED ELECTIVES 11 HRS*</u></b></p> <p><b>PICK ONE: (suggested electives)**</b></p> <p>BIO 2114 GENERAL ZOOLOGY _____</p> <p>STA 2323 STATISTICAL METHODS _____</p> <p>OR</p> <p>PSY 2143 RESEARCH STATISTICS _____</p> <p>OR</p> <p>SOC 3103 STATISTICS _____</p> <p><b>PICK ONE:</b></p> <p>BIO 3054 GENETICS _____</p> <p>BIO 3084 COMP ANAT&amp;EVO VERT _____</p> <p>BIO 2094 MICROBIOLOGY _____</p> <p>BIO 3314 ANIMAL PHYSIOLOGY _____</p> <p style="text-align: center; margin-top: 20px;">*C or better required for Core and directed electives</p> <p style="text-align: center; margin-top: 20px;">**See advisor regarding directed electives</p>
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Health and Human Performance: Pre-Athletic Training, Pre-Physical Therapy,  
Pre-Occupational Therapy Concentration  
SUGGESTED SCHEDULING GUIDE

FRESHMAN YEAR			
FALL		SPRING	
COM 2013 ORAL COMMUNICATIONS	3	BIO 1013 INTRODUCTION TO BIOLOGY	3
ENG 1463 ENGLISH A	3	BIO 1021 INTRODUCTION TO BIOLOGY LAB	1
GEN 1031 HENDERSON SEMINAR	1	ENG 1473 ENGLISH B	3
HHP 1102 INTRODUCTION TO HEALTH & HUM PERFOR	2	HHP 2052 MEDICAL TERMINOLOGY	2
MTH 1243 COLLEGE ALGEBRA	3	HPR 1011 LIFE FITNESS CONCEPT	1
SOCIAL SCIENCE – CIVILIZATION (SEE LAC REQ)	3	SOCIAL SCIENCE – HIS OR PSC (SEE LAC REQ)	3
TOTAL HOURS	15	TOTAL HOURS	13
SOPHOMORE YEAR			
FALL		SPRING	
BIO 2174 HUMAN ANATOMY & PHYSIOLOGY I	4	BIO 2184 HUMAN ANATOMY & PHYSIOLOGY II	4
HHP 2243 INJURY MANAGEMENT IN HUMAN PERFOR	3	HPE 3224 KINESIOLOGY	4
HPE 2663 MOTOR DEVELOPMENT AND SKILL ACQ	3	HUMANITIES (SEE LAC REQ)	3
HUMANITIES – ENGLISH (SEE LAC REQ)	3	PSY 2263 DEV PSY OR PSY 2023 ABNORMAL PSY	3
PSY 1013 GENERAL PSYCHOLOGY	3	STATISTICS (SEE DIRECTED ELECTIVES)	3
TOTAL HOURS	16	TOTAL HOURS	17
JUNIOR YEAR			
FALL		SPRING	
HHP 3003 SPORT PSYCHOLOGY IN HEALTH & HUMAN P	3	BIOLOGY (SEE DIRECTED ELECTIVES)	4
HHP 3064 ASSESSMENT OF UPPER EXTREMITIES	4	CHM 1044 GENERAL ORGANIC & BIOCHEMISTRY	4
NON – WESTERN CULTURE (SEE LAC REQ)	3	HHP 3074 ASSESSMENT OF LOWER EXTREMITIES	4
CHM 1034 GENERAL CHEMISTRY	4	HHP 3273 GENERAL MED CONDITION W/PHARM INTER	3
BIO 2114 GENERAL ZOOLOGY	4		
TOTAL HOURS	18	TOTAL HOURS	15
SENIOR YEAR			
FALL		SPRING	
FCS 2103 NUTRITION	3	HHP 3123 HEALTH & HUMAN PERFORM ADMIN	3
HHP 4094 REHABILITATION & THERAPEUTIC EXERCISE	4	HHP 3084 THERAPEUTIC MODALITIES	4
HHP 4022 APPLIED EXERCISE PHYSIOLOGY	2	WRITING REQUIREMENT	3
HPE 4234 EXERCISE PHYSIOLOGY	4	PHY 2044 GENERAL PHYSICS II	4
PHY 2034 GENERAL PHYSICS I	4		
TOTAL HOURS	17	TOTAL HOURS	14

SEE CATALOG COURSE DESCRIPTIONS FOR ARKANSAS COURSE TRANSFER SYSTEM (ACTS) COURSE NUMBER  
EQUIVALENCIES.

UPDATED 10/30/18 mbt